Rhode Island Healthy Schools Coalition

September 2016

We are on a **MISSION...**
To promote
the profound impact of
physical activity on a
child's mind, body,
and community.
With a **VISION** for a better future.

The physical inactivity epidemic in this country is staggering. Our kids **are NOT** moving…

"Today, physical inactivity is linked to approximately 5.3 million premature deaths worldwide each year—more than tuberculosis, lung cancer, HIV/AIDS or traffic accidents." (Designed to Move)

Only 3.8% of elementary schools nationwide provide daily physical education

Only 8% of 12-15 year olds meet the CDC's physical activity guidelines

Only 11% of states require elementary schools to provide students with regular recess

Only 3 states require elementary schools to provide the recommended 150 min/week of PE

By 2030, Americans will be almost half as active as they were in 1965

Ready to make an impact in Rhode Island?

Let’s start **NOW!**

energized by Reebok

BOKS

build our kids' success

Thank you!

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