

Shelburne Farms  
**Institute for  
Sustainable  
Schools**



VERMONT  
FARM TO SCHOOL &  
EARLY CHILDHOOD  
NETWORK



What  
change are  
you trying  
to *cause*?

How can FTS  
help you  
achieve  
this?

## Alignment





# BURLINGTON, VERMONT

**BORDERS**  
BOOKS • MUSIC • CAFE

CHAPPELL'S  
FLORIST







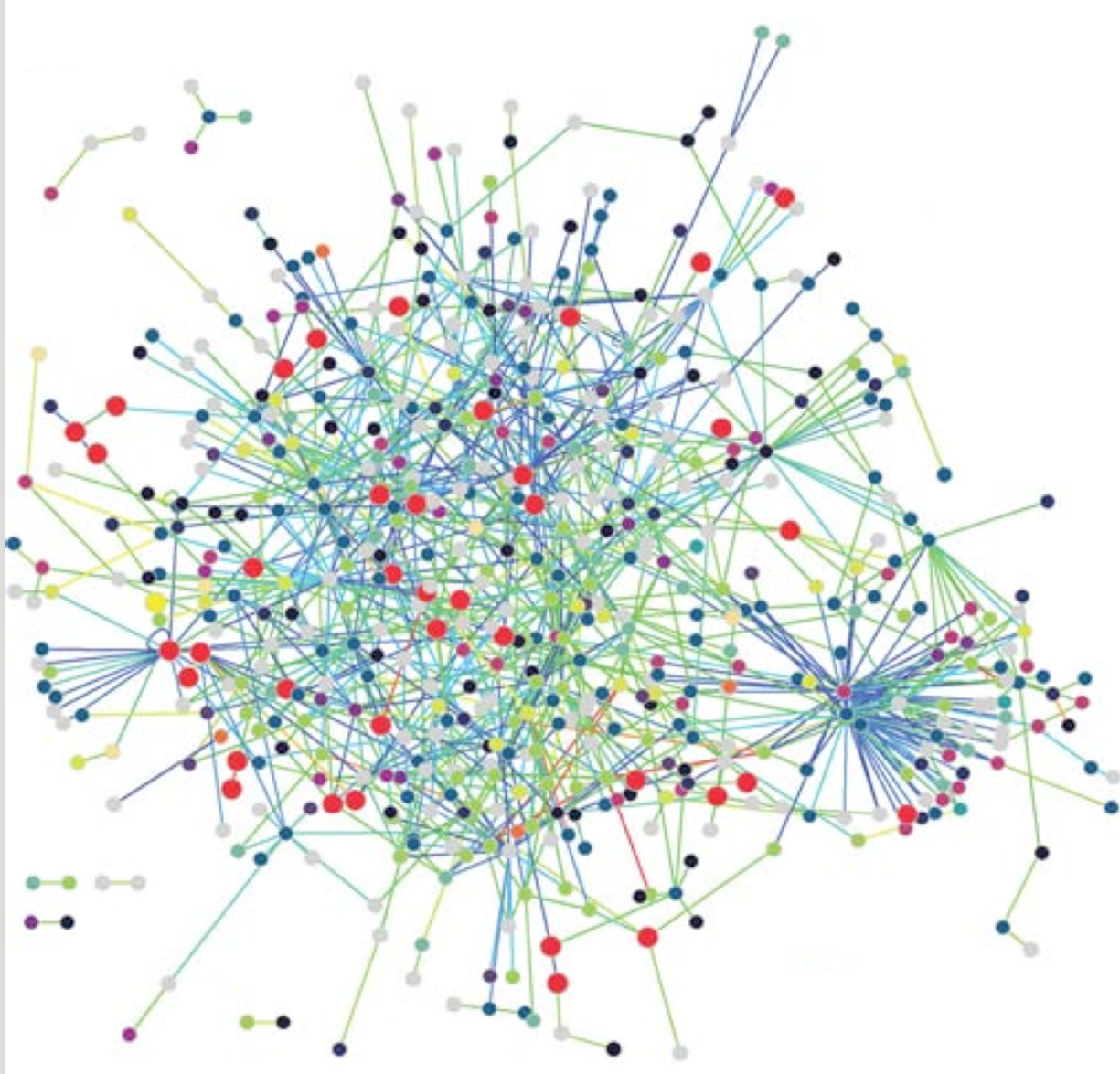
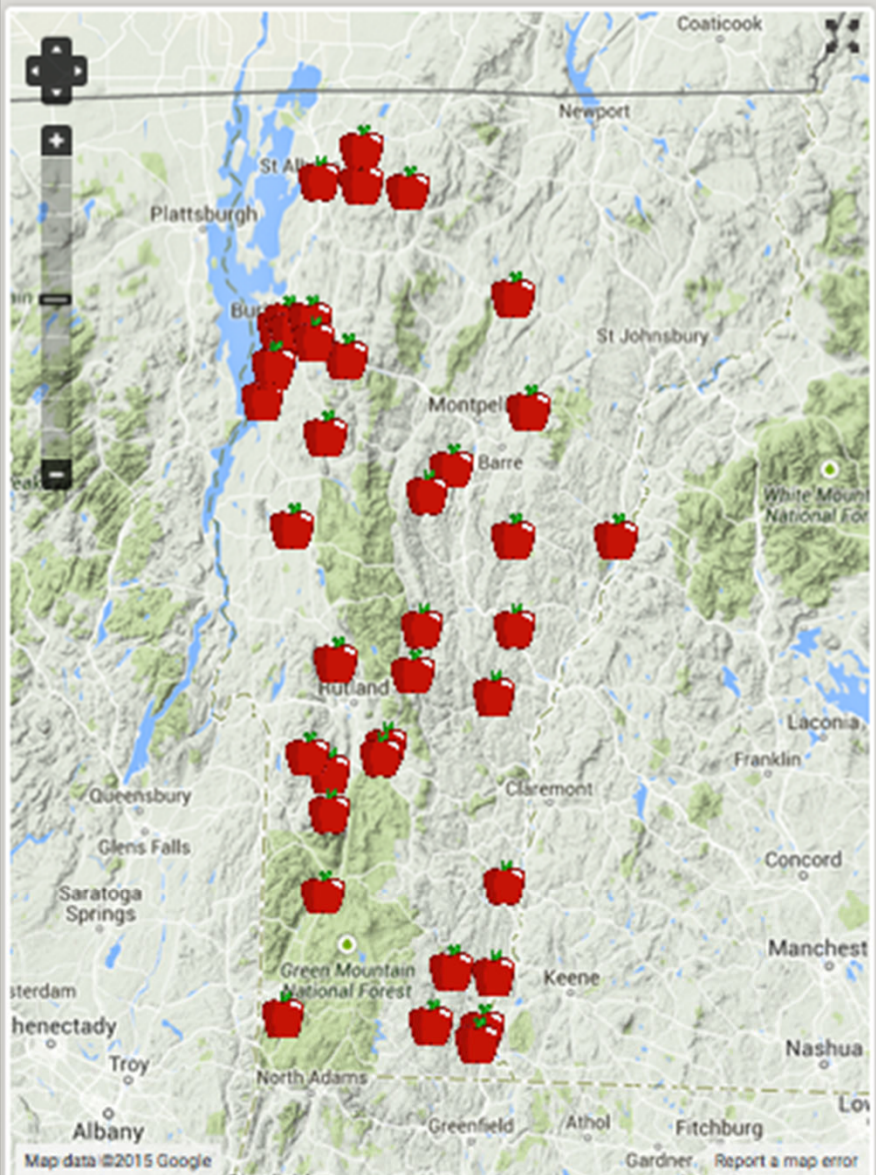
Yummy!  
Yummy!



Photo: Burlington School Food Project





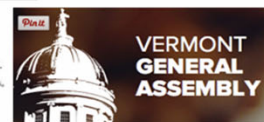




Sharon Elementary School



HENRY P. KENDALL FOUNDATION

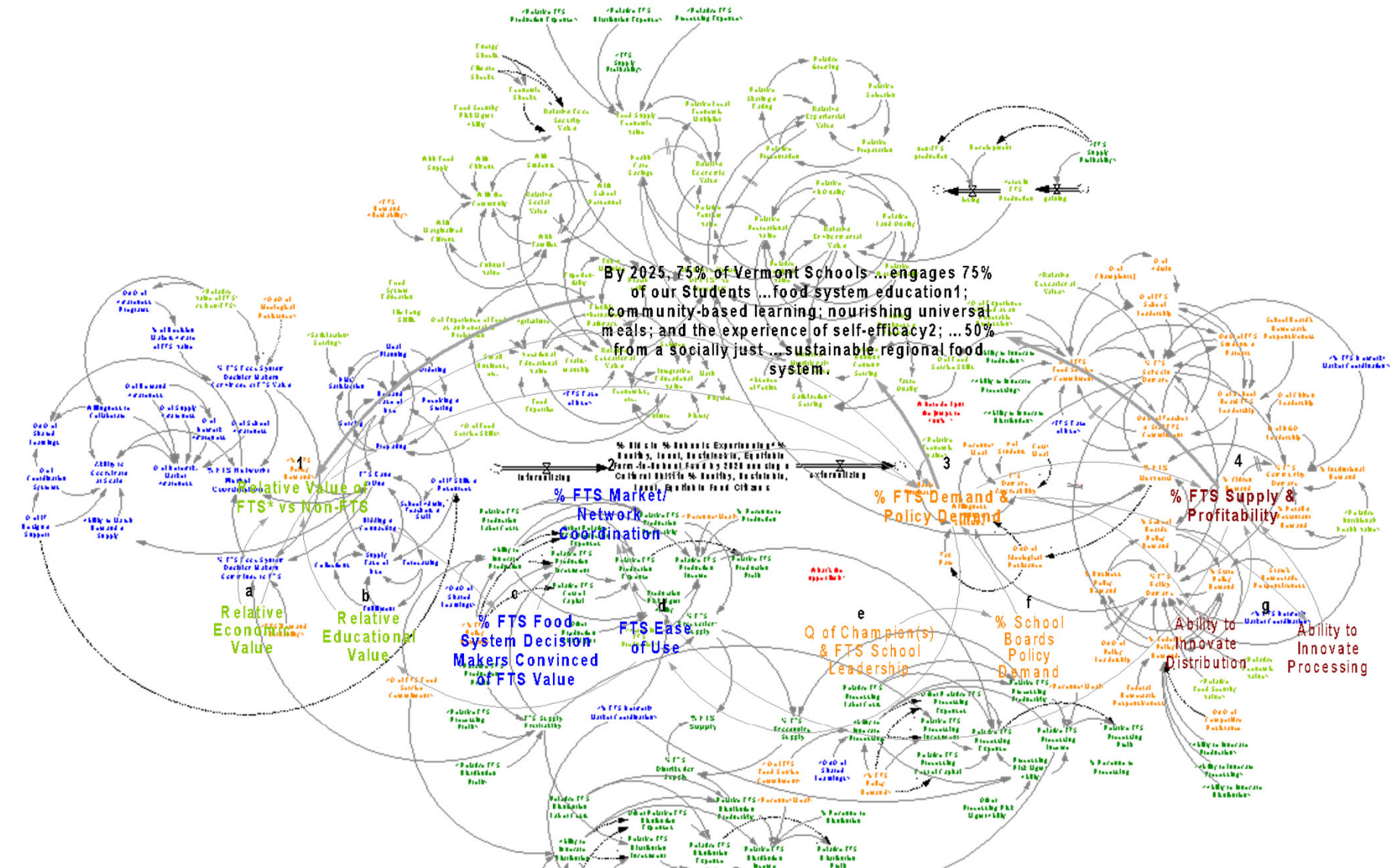


The Greater Burlington YMCA



Milton Town School District

By 2025, 75% of Vermont Schools ... engages 75% of our Students ... food system education1; community-based learning; nourishing universal meals; and the experience of self-efficacy2; ... 50% from a socially just ... sustainable regional food system



Legend:  
 FTS = Food System, Local Sustainable, Equitable Food System  
 "Equitable" = the ability to provide, distribute, consume  
 0 = Death  
 0+ = Quality & Quantity  
 Productive = FTS, School Meals, Food Systems, etc.

A large flock of birds, possibly terns, is seen flying in a clear blue sky. The birds are scattered across the entire frame, with some appearing larger and more detailed than others. The overall scene is bright and dynamic, suggesting a natural, outdoor setting.

## Network Goal

**By 2030, every educational community in VT connects classrooms, cafeterias and communities with equitable access to integrated food system education, community based learning, and 30% local food purchasing that promotes climate resilience and social justice.**



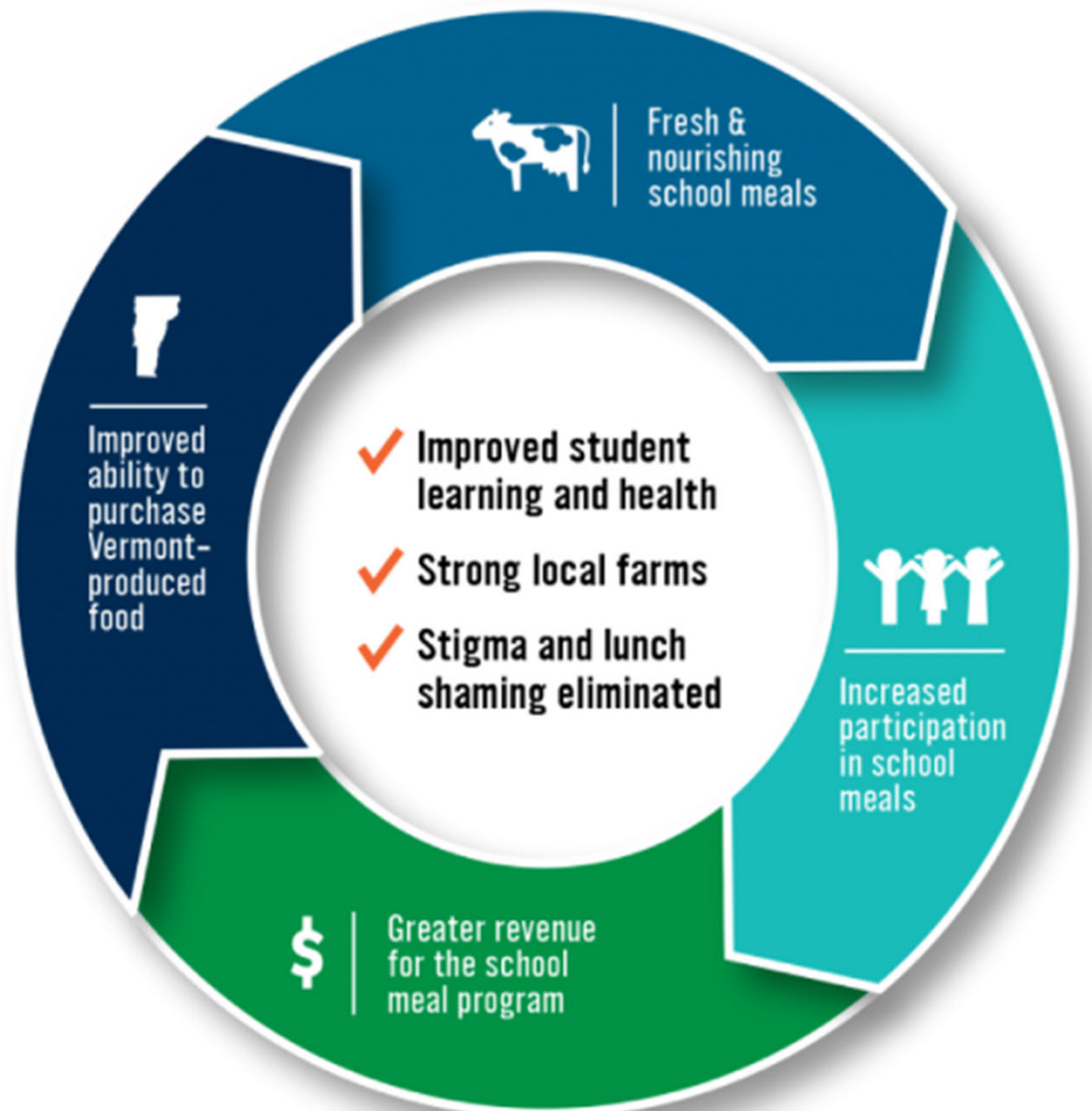
Universal school meals  
for all students



Fully funded Farm to  
School & Early Childhood  
Grants program

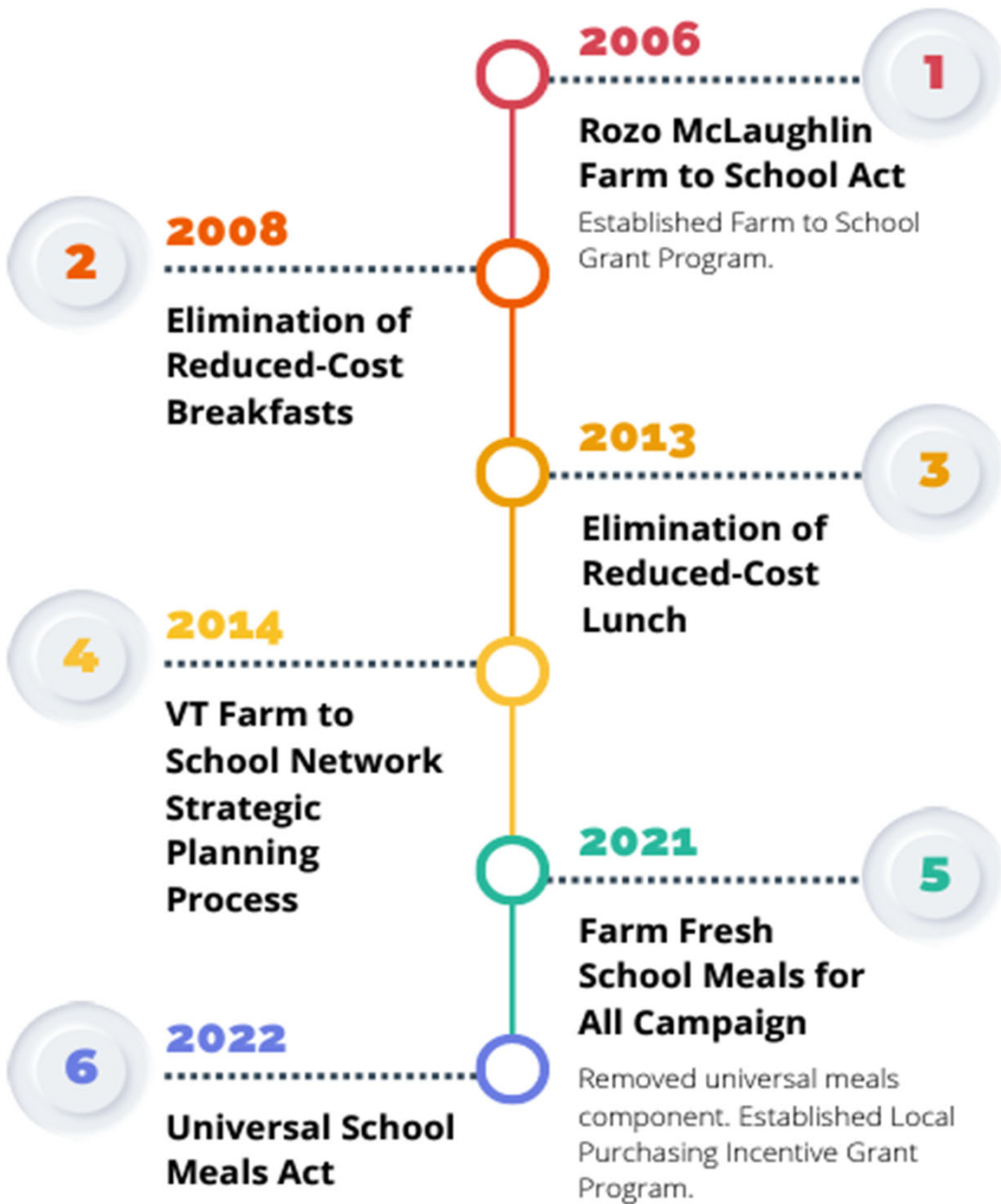


Local purchasing incentive  
to support farmers &  
school meal programs















**“Before free meals, the familiar school lunch stigma had students feeling shy and judged about getting hot lunch. It dictated whether or not I fueled my body for the day and forgetting lunch money was embarrassing. But for many, embarrassment wasn’t the biggest issue. Instead, it was the fear and reality of being hungry all day.”**

**Emma, Essex High School Student**

**“Without food we have no energy to learn and think, so our best work isn’t possible.”**

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**EQUITY**

**LESS  
CHILDHOOD  
HUNGER**



**HEALTH**

**2X VEGGIE  
CONSUMPTION**



**EDUCATION**  
**ENGAGED**  
**LEARNING**

# ECONOMY

**\$20M  
MARKET**

### What Happens When Schools Buy Local Food?

EVERY **\$1** SPENT CONTRIBUTES AN ADDITIONAL **60¢** to the LOCAL ECONOMY

Vermont schools spent **\$16 million** on food in the 2013-2014 school year.

**\$915,000** was spent on local food

Which directly supported local producers and processors...

Which means farmers can grow their businesses... ..and support other businesses like distributors & stores

All together, local food purchased by schools contributed **\$1.4 MILLION** to Vermont's economy!

Category	Percentage	Amount
Local Food	94.4%	\$15,000,000
Non-Local Food	5.6%	\$915,000



A young man in a white chef's coat and black hat is focused on his work in a kitchen. He is wearing clear plastic gloves and is using a spoon to stir something in a red pot. In the background, other people in kitchen attire are visible, suggesting a busy professional kitchen environment.

# **JOB READINESS**

**Career  
Exploration**

A group of students is gathered in a field. In the foreground, two girls are crouching and looking at the ground. One is wearing a red jacket, the other a blue jacket. A water bottle is on the ground near them. In the background, several other students are standing and talking. One is wearing a teal jacket, another a maroon hoodie. The field is dirt with some green plants. The sky is overcast.

# SCHOOL CULTURE

**87% Buy Local**



**LEADERSHIP**

**YOUTH  
VOICE**



**“ Students feel and are supported, they experience no stigma, and no worry about the adults in their homes providing for them.”**

Keren Turner, Burlington Teacher

**“ the biggest thing I noticed...was the decrease in anxiety. They know that they’re fed. And that goes a long way for how they can be present and learn.”**

Dana DeWitt, Bristol Teacher

# How can you help?



- **Sign a supporter card**
- **Write a letter to the editor**
- **Share your story**
- **Support others to share their stories (students, school nutrition, parents)**
- **Invite your legislator or school board to lunch**
- **Testify or call your legislator**

