



Breakfast for School Wellness Leaders Exhibitor Guide 2023

***NEW for 2023**

[American Heart Association](#)

#32 Donna Tringali

donna.tringali@heart.org

The American Heart Association is committed to be a relentless force for a world of longer, healthier lives for all. Learn more about the Kids Heart Challenge and the American Heart Challenge school site programs for elementary, middle and high schools. These programs are service-learning opportunities and provide lessons, tools and activities to support both mental and physical well-being for your students, families and staff.

[BE REAL*](#)

**#24 Denise Hamburger
Ashley Cronin**

denise@berealusa.org
ashley@fthnutrition.com

BE REAL USA is a nonprofit dedicated to spreading resources on body confidence to schools across the globe so children can grow up with a healthy relationship to food and their bodies. We have research-based presentations for schools and parents on how to create body confident environments for young people, and sponsor a BE REAL Ambassador program. Our free BodyKind high school, body image curriculum is available through our website.

[BeSMART Campaign](#)

#5 Susan Morettini

semorettini@gmail.com

The BeSMART for Kids campaign was launched by Everytown in 2013 to raise awareness that secure gun storage can save children's lives. BeSMART emphasizes that it's an adult responsibility to keep kids from accessing guns, and that every adult can play a role in keeping kids and communities safer.

[Blue Cross & Blue Shield of Rhode Island](#)

#18 Carolyn Belisle

carolyn.belisle@bcbsri.org

Since 1939, Blue Cross & Blue Shield of Rhode Island (BCBSRI) has been the leader in providing Rhode Islanders with affordable, high-quality healthcare from the country's largest provider network. We are the proud founding funder of Recess Rocks in RI in partnership with Playworks New England and RIHSC. We are an independent licensee of the Blue Cross and Blue Shield Association. Visit us at bcbsri.com or at one of our five [Your Blue Store](#) locations in RI.

[Bootstrap Compost](#)

#3 Sam Burgess

sam@bootstrapcompost.com

Keeping scraps out of landfills since 2011, Bootstrap Compost is a leading food scrap pickup service operating throughout Greater Boston, Rhode Island, and Central Mass. Make your school, residence, restaurant, office, or one-time event cleaner and greener! By composting, we are keeping food waste out of landfills, creating valuable compost and fertilizer, and offsetting harmful GHGs. We're excited to continue our work with RI schools!

[Center for Mediation & Collaboration RI*](#)

#8 Tricia Driscoll

tricia@cmcri.org

We are a nonprofit committed to empowering people to resolve disputes peacefully and respectfully. The Center offers youth leadership programs that help to develop effective communication and conflict resolution skills as well as professional development workshops for educators that focus on ways to navigate conflict with students, administrators and families.

[Chris Collins Foundation](#)

#41 Mark Collins

chriscollinsfoundation@gmail.com

The Chris Collins Foundation is funding an evidence-based, student-led Peer-to-Peer Mental Health Awareness program in middle and high schools, as many mental health disorders first present themselves during adolescence, and teens are more likely to listen to other teens than well-meaning adults. The program educates students about depressive illnesses, and supports them in finding creative ways to convey this knowledge to their peers in order to reduce stigma, raise awareness, and encourage help-seeking when needed.

Day One RI***#22 Marly Holloway**mholloway@dayoneri.org

Day One is the only agency in Rhode Island that is specifically organized to deal with issues of sexual assault as a community concern. Day One's mission is to reduce sexual abuse and violence while supporting and advocating for those affected by it. The Prevention Team offers training opportunities for students and staff that empower individuals and communities to create healthy social norms that protect against sexual violence.

F.I.T. Club**#39 Kristin Anderson, M.D.**kristinhlehr@gmail.com

F.I.T. Club (Framework for Integrated Teaching) promotes health and wellness for children of all ages using literacy and collaborative approaches in schools, afterschool programs, and in the home. F.I.T. Reads Video Series aims to leverage technology to asynchronously bring healthcare professionals from diverse backgrounds into the classroom to promote health and wellness through literacy.

Girls on the Run RI**#6 Elizabeth McGann**elizabeth.mcgann@girlsontherun.org

Girls on the Run inspires girls to be joyful, healthy, and confident using fun, experience-based curricula that creatively integrates running. Our physical activity-based positive youth development (PYD) program is designed to enhance 3rd-8th girls' social, emotional, and physical skills to successfully navigate life experiences. Trained volunteer coaches deliver the life skills curriculum through lessons that promote SEL and physical activity.

Harvest Cycle Compost**#4 Amelia Rose**compost@groundworkri.org

Harvest Cycle is a food scrap collection program at the environmental nonprofit GroundworkRI. We make composting easy and we do the dirty work for you. Harvest Cycle offers two subscription options. We can PICK UP food scraps directly from your home (Providence and Pawtucket residents only) or you can DROP OFF food scraps at one of our eight drop off locations. We also offer composting workshops for schools and the community.

Johnson & Wales University**#34 Robin Charlonne**robin.charlonne@jwu.edu

Whether you choose to pursue a degree online or on our Providence campus, JWU offers a variety of programs in culinary arts, food innovation, business, and more. Our College of Food Innovation and Technology works across areas of expertise with creative methods of problem solving. Take the next step with a global leader in culinary education and explore our Food Safety and Food Innovation & Technology graduate degrees.

Lifespan Community Health Institute**#26 Jeanette Nessett
Victoria Lugo**jnessett@lifespan.org
vlugo@lifespan.org

Lifespan's Community Health Institute works to ensure that all people have the opportunities to achieve their optimal state of health through healthy behaviors, healthy relationships and healthy environments. Our exhibit features offerings for youth, families and professionals from across the Lifespan system, including workshops for parents & professionals.

Lifespan Research***#25 Genesis Jimenez**GJimenez@Lifespan.org

Lifespan researchers are collaborating with community partners to offer in-home treatment for adolescents with restrictive-type eating disorders. Eligible families have a child (12-18) with a restrictive-type eating disorder currently living at home, have at least 1 parent/caregiver willing to engage in treatment and complete surveys and interviews. Families will be compensated for their time. Spanish-speaking providers are available.

Livable Learning***#36 Lauren Girgash**lauren@livablelearning.co

Livable Learning encourages teachers to explore strategies they can use as fuel to prioritize their own health and happiness, founded by former teacher and holistic health coach Lauren Girgash to inspire Whole Teachers—teachers who recognize the significance of prioritizing all 12 Whole Teacher categories, increasing retention, decreasing burnout, and fueling fulfillment.

Mental Health Association of RI***#44 Terry Charles**terence.charles@mhari.org

MHARI is deeply committed to diversity, inclusivity, and equity. We actively shape our initiatives to meet the unique needs of underserved communities, embracing diversity, equity, and inclusion as core principles. Our mission is clear: improving the mental health of every Rhode Islander, through effective advocacy, strong community relations and sharing of resources.

[Neighborhood Health Plan of RI](#)

#23 Judith Cepeda

icepeda@nhpri.org

Health insurance information and resources for Rhode Island families and individuals.

[New England Dairy](#)

#35 Jane Vergnani

jvergnani@newenglanddairy.com

New England Dairy is a non-profit education organization that is staffed by registered dietitians and other professionals that serve as the voice of our local dairy farmers. For 100 years, we've worked in New England to celebrate all things dairy-farming, food, nutrition and wellness. Our vision is to be a catalyst for a vibrant New England dairy community.

[Newport County Prevention Coalition*](#)

#11 Polly Allen

allen@riprevention.org

The Newport County Prevention Coalition was organized as an effort to provide effective substance use prevention strategies, mental health advocacy, and treatment options to Newport County, Rhode Island. Since founded, our coalition has continued to strive to create a community that encourages healthy lifestyle choices and a deeper understanding of the complexities of mental health and substance use.

[Parent Support Network of RI*](#)

#43 Warmline 401-467-6855

www.psnri.org/contact

Visit with us today to learn more our Parent Support Network of Rhode Island, the programs and services we offer for children, youth and their families; our roles as Prevent Child Abuse America -RI Chapter; adult peer recovery services and workforce development activities; and how we can partner with schools and communities.

[Planned Parenthood of Southern NE](#)

#12 Brittany Huffman

brittany.huffman@ppsne.org

PPSNE is a leading provider of comprehensive and inclusive sex education, community workshops, and professional development trainings. We provide the information, resources, and skills for people to make informed decisions about their sexual health, their lives, and their futures. Visit our table for information, resources, and Planned Parenthood swag.

[Providence Community Health Centers](#)

#29 Adriana Vargas

aavargas@providencechc.org

Provides an array of health services at 10 sites located throughout Providence, including pediatrics, adult medicine, behavioral health, OB/GYN, asthma/allergy care, chronic disease management, optometry, dental care, health education, and podiatry, as well as assistance with health insurance applications. We welcome patients from any cities of Rhode Island.

[Recess Rocks in RI](#)

#17 Jessi Jasper

jessi.jasper@playworks.org

Get your school involved in Recess Rocks in RI, a no-cost staff training sponsored by Blue Cross & Blue Shield of RI and delivered by Playworks New England, to reimagine recess to help students feel safe within their school community, with positive outlets for physical activity and social-emotional development. Learn practices to reduce disciplinary issues and get kids back in the classroom faster and ready to learn.

[RIASPERD](#)

#31 Cathy Moffitt

cgmof@hotmail.com

The RI Association of Health, Physical Education, Recreation and Dance provides its members with professional development and networking opportunities with like-minded professionals, leadership development, recognition through awards, grants and scholarships, learning about current trends at the state and national levels, and participation in public advocacy projects.

[RI Certified School Nurse Teachers Assoc.](#)

#13 Michelle Iacoi

ricsnta.nursingnetwork.com

The Rhode Island Certified School Nurse Teachers Association is a non-profit, specialty nursing organization for school nurses throughout the state. We enable students to achieve their optimum level of health and educational success by empowering all school nurses through professional development, collaboration, advocacy and support.

[RI College Department of Health & PE*](#)

#27 Dr. Susan Clark

sclark@ric.edu

Rhode Island College is a leader in providing top quality higher education in health-related fields. Programs in Health Education and Physical Education lead to K-12 teacher certification. The Wellness and Exercise Science Program and the Community and Public Health Promotion Program prepare future leaders in private, community, and non-profit health and fitness related jobs.

[RI Department of Education CNP](#)

#38 Jessica Patrolia

Jessica.Patrolia@ride.ri.gov

RIDE Child Nutrition Programs representatives will be available to answer questions and provide information on all of our federally funded child nutrition programs, including the School Breakfast Program, National School Lunch Program, At-Risk Afterschool Program and Summer Food Service Program.

[RI Department of Health](#)

#15 InfoLine (401-222-5960)

health.ri.gov/contact

Access a variety of public health resources for schools and the community pertaining to COVID-19, adolescent health, violence and injury prevention, sexual health, oral health, tobacco use, substance use and addiction, the Youth Risk Behavior Surveillance System (YRBS), health equity, immunization, behavioral health/mental health, infection prevention, and RI Special Needs Emergency Registry info.

[RI Farm to School Network](#)

#37 Caitlin Mandel

Caitlin.Mandel@ride.ri.gov

The RI Farm to School Network engages partners across RI to develop, expand, and strengthen local purchasing, education, and gardening initiatives to benefit children and youth throughout the state. These initiatives connect local agriculture to healthy eating habits, which improve public health and the local economy, support local farmers and food producers, and build community relationships.

[RI Food Policy Council](#)

#21 Max De Faria

max@rifoodcouncil.org

The RI Food Policy Council promotes an equitable, accessible, sustainable food system in our state. We take a systems approach, coordinating and collaborating with people in all sectors who are committed and engaged in making our food system equitable; supporting farms, fisheries and food businesses; and working to improve and conserve our land, air, and water.

[RI Parent Information Network*](#)

#20 Sarah Glowa

sglowa@ripin.org

We help Rhode Islanders navigate health care, special education, and healthy aging. Our team of peer professionals have personal experience caring for a loved one with special needs—allowing us to connect with our clients and provide the personal support they need to thrive. Our services are free, multilingual, and confidential.

[RI PBS Education Services](#)

#40 Colleen Kenyon

education@ripbs.org

The Education Services Department of Rhode Island PBS provides content and services to support teaching and learning for educators, students, parents and learners of all ages in our community. Resources are distributed free-of-charge and leverage high-quality public media content adapted for instructional use, supported by outreach efforts and in-person trainings.

[RI Regional Prevention Coalitions](#)

**#10 Heidi Driscoll
Kathy Sullivan**

Hdriscoll@risas.org
Ksullivan@risas.org

The Rhode Island Regional Coalitions are made up of dedicated members and partners working together to provide substance use prevention strategies, mental health resources, and advocate for policies that support healthy and safe communities.

[RI Resource Recovery Corporation](#)

#1 Madison Burke

mburke@rirrc.org

Resource Recovery operates the state's Materials Recycling Facility, Leaf and Yard Compost, Eco-Depot, and Central Landfill, and provides free programs and services to help the RI community manage materials more sustainably. Get information on recycling and composting, and see examples of classroom activities offered by Resource Recovery education staff.

[RI School Psychologists Association*](#)

**#42 Sherri Monaco
Natalie Fleming**

RISPA401@gmail.com

RISPA advocates for optimal educational experiences and mental health for all children in collaboration with schools, families, and communities, and promote the awareness of, access to, and effective delivery of school psychological services and professional development. All children and youth should have the learning, behavior, and mental health support needed to thrive in school, at home, and throughout life.

[RI Schools Recycling Project](#)

#2 Jim Corwin

jamesacorwin@gmail.com

Our eight “food smart” schools have collectively diverted 56.7 tons of food waste away from the landfill for composting, recovered 4.4 tons of perfectly good food for hungry kids and families, and reduced food waste per student by 25%. And we have 9 more schools ready to get food smart in the 2023-24 school year. Your school can join us! We’ll show you how.

[RI Student Assistance Services](#)

#9 Sarah Dinklage

sdinklage@risas.org

RISAS is a statewide school-based alcohol, tobacco and drug use prevention/early intervention program showcasing the role of Student Assistance Counselors in the schools (Project Success), our suicide prevention program, and the work of Regional Prevention Coalitions. Student Assistance Counselors provide students with tools, information and support to make positive decisions.

[Taylor Hooton Foundation*](#)

#30 Brian Parker

brian.parker@taylorhooton.org

Operation Clean Competition: The Taylor Hooton Foundation has teamed up with the RI Interscholastic League for an outreach and awareness program to inform about Appearance and Performance Enhancing Substances, Nutrition and Dietary Supplement Safety, hGH usage, and energy drink consumption. Team up with us for FREE educational programs!

[Thrive Outside*](#)

#45 Sheila Dobbyn

sheiladobbyn@thriveoutside.info

Thrive Outside is on a mission to give every child the opportunity to fall in love with nature and thrive through the experience. Through our schoolyard Outdoor Learning Zones, our Outdoor Education teacher training, and our workshops for kids and families, we are promoting academic success, healthy child development and pro-environmental behaviors.

[UnitedHealthcare](#)

**#7 Marie Jones-Bridges
Alicia Fernandes**

marie_jones-bridges@uhc.com
alicia_fernandes@uhc.com

United Healthcare offers Medicaid healthcare information for eligible Rhode Island families and information on Rite Smiles, dental care for eligible children through the State of Rhode Island.

[URI Community Nutrition Education](#)

#28 Heidi Hetzler

heidihetzler@uri.edu

University of Rhode Island Community Nutrition Education Programs (SNAP-Ed and EFNEP) are funded by the USDA to provide nutrition education in RI to low-income families and schools where at least 50% of the students qualify for free breakfast and lunch. SNAP-Ed downloadable materials are available to all schools at web.uri.edu/snaped.

[Virgin Pulse*](#)

#19 Tara Langer

tara.langer@virginpulse.com

Proud to deliver employee wellbeing and engagement solutions that are changing lives and businesses around the world for good.

[YMCA Alliance of CT & RI](#)

#33 Chris Pallatto

cpallato@ct-ri-ymca.org

Statewide programs and services including childcare, before and after school enrichment, camps, sports and play opportunities for youth which emphasize a holistic approach to health and social development.

[Yondr*](#)

#16 Matt Army

matt@overyondr.com

Since 2014, Yondr has been providing practical solutions and guidance on creating engaging phone-free schools across New England. We use our patented products and a Tier 1 intervention model to proactively address phone-related challenges and provide support to schools. We are working with educators around Rhode Island who see the damaging effects of phones on student engagement, social development, and mental health.

MAP OF EXHIBITOR LOCATIONS



Breakfast for School Wellness Leaders 2023 EXHIBITOR CHART

45 exhibitors

Thrive Outside

