



## ATHLETE'S CHOICE

Athlete's Choice  
North Smithfield High School

### Starring...

**Cristina Lima**

Physical and Health Education Teacher  
North Smithfield High School

**Alexandra Orovitz**

Student

**Tessa LaBarre**

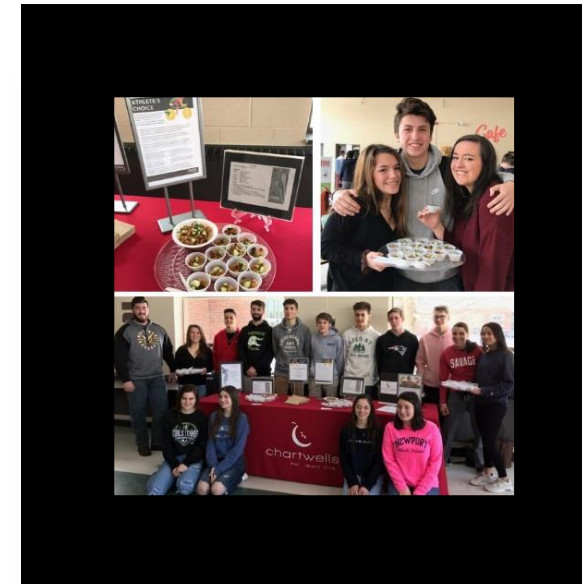
Student

**Alyssa Neri**

Student

**Thao Nguyen**

Student



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### Key Program Components



- **Student Driven**
- **Healthy Food Choices for All - Not just Athletes**
  - **Students have Input on Menu**
  - **Creative School Wide Partnership**
- **Introduces All Students to Healthy Menu Options**

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My favorite thing about being part of **Athlete's Choice** was.....



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## How Can You Do This At Your School?

- **Identify an Enthusiastic (Health/PE) Teacher**
- **Contact Food Service for Recipe Development**
- **Let Students Select which Recipes to Sample**
- **Sample Recipes in the Café**
- **Watch Happy Students Enjoy Healthy Meals**



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