

NSSD Wellness Advisory Council  
Annual Report to School Committee  
September 2016

Wellness Advisory Council Members: Liane Gillette, NS School Committee and Co-Chair, Marilyn Kelley, School Nurse Teacher, Lynne Doiron, Aramark Food Service, Diane Jolin, Principal and Co-Chair, Patricia Kolanko, Family Consumer Science Teacher, Cristina Lima, Health/PE Teacher, Melissa Mathurin, NSSD Data Manager/Food Service Liaison, Cheryl Schmidt, Parent, Pam Shayer, Local Substance Abuse Prevention Council, Adam Stanley, NSSD Technology Director, Andrew Viveiros, Aramark Food Service, Karin Wetherill, RI Dept. of Education/Health

The NSSD Wellness Advisory Council had three meetings during the 2015-16 school year. Our Action Plan for 2014-16, representing five planned action steps, was developed and distributed to all members (attached). We were able to successfully complete four of the five action steps in 2014-15 to: Make data from the District Policy Self-Assessment available to parents, staff and community; Make more information on food choice nutritional content available to parents, staff and community; Assist RIDE in the Administrative Review of our District Food Service (during 2014); Self-Assessment conducted on our District Wellness Policy. We were not able to draft and implement an updated food choice survey for students, but plan to conduct that during the 2016-17 school year. Also, the Principals from NSES and Halliwell School and luncheon aides attended a Playworks workshop on strategies for safe recess, provided by Blue Cross Blue Shield of Rhode Island, on November 5, 2015. Both schools also received safe recess resources as a result of our attendance at the workshop.

Our School Wellness Action Plan for 2016-18 is attached. The Wellness Advisory Council meets at least three times per year to develop our action plans, facilitate actions steps, review the District Wellness Policy, review progress toward action steps, and to provide a yearly report to the District Superintendent and the School Committee.

I wish to sincerely thank all members of our Council for their continued involvement, ideas and passion in serving the North Smithfield School District.

Respectfully Submitted,

Diane Jolin  
Wellness Advisory Council Co-Chairperson

# School Wellness ACTION PLAN

TODAY'S DATE: July 25, 2016  
 DISTRICT/SCHOOL: North Smithfield



SCHOOL WELLNESS CONTACT: Diane Jolin

## POLICY ELEMENT:

ISSUE TO BE ADDRESSED: Dissemination on District Wellness Council and Policy

**GOAL:** Increase Communication on Wellness Council Activities and on District Wellness Policy to staff, students & community

- ☒ Communications ☐ Fundraising  
☐ Staff ☐ Curriculum  
☐ Cafeteria ☐ Physical Activity  
☐ Foods Outside the Cafeteria ☐ Food Safety

STRATEGY	PERSON(S) RESPONSIBLE	TIME FRAME	KEY PARTNERS / RESOURCES	COMPLETED?
What action steps will you take?	Who will do this?	When should this be completed?	Who/what can help with this?	
1) <u>Make data from District Self-Assessment available to parents, staff and community</u>	<u>Wellness Council, Diane Jolin and Melissa Mathurin</u>	<u>Ongoing</u>	<u>Wellness Council Members</u>	<input checked="" type="checkbox"/> <u>ongoing</u>
2) <u>District Wellness Advisory Council to meet at least 3 times per year</u>	<u>Wellness Council, Diane Jolin to facilitate</u>	<u>Ongoing</u>	<u>Wellness Council Members</u>	<input checked="" type="checkbox"/> <u>ongoing</u>
3) <u>Involves students in food choices through implementation of student surveys</u>	<u>Wellness Council</u>	<u>Ongoing</u>	<u>Wellness Council Members, District Administrators</u>	<input type="checkbox"/> <u>ongoing</u>



STRATEGY	PERSON(S) RESPONSIBLE	TIME FRAME	KEY PARTNERS / RESOURCES	COMPLETED?
What action steps will you take?	Who will do this?	When should this be completed?	Who/what can help with this?	
4) Conduct Wellness Policy Review and Self-Assessment	Wellness Council, District Administrators	Ongoing	Wellness Council, District Administrators	<input checked="" type="checkbox"/> ongoing
5) Communicate Wellness Policy at PTO and Faculty meetings	Wellness Council, District Administrators	Ongoing	Wellness Council, District Administrators	<input type="checkbox"/> ongoing
6)				<input type="checkbox"/>

<b>EVIDENCE OF SUCCESS</b>	Communication about Wellness Advisory Council, shared Wellness Policy and Policy Self-Assessment to be shared annually to all stakeholder groups. Student surveys implemented. Policy review conducted.
How will you know you've succeeded?	

<b>NOTIFICATION</b>	District Administration, Parents, Students and Staff via District Website and at presentations.
Who should this be communicated to?	

<b>MAINTENANCE</b>	Wellness Advisory Council, in coordination with District Administration and Aramark Food Service
How will this change be monitored?	





## School Wellness Checklist DISTRICT SUMMARY

pages

DISTRICT:

NSSD

SCHOOL YEAR:

2015-16

															OVERALL DISTRICT TOTALS		
																Total #	% of Total

### INDIVIDUAL SCHOOL TOTALS

Exceeds Standard	ES	Meets Standard	MS	Needs Improvement	NI	Not Applicable	NA	TOTALS (should equal 69 graded standards per school)	#DIV/0!
11	0	35	11	2	10	3	69	69	21%
39	53	49	21	2	10	3	69	69	59%
5	5	2	10	2	10	3	69	69	8%
14	11	7	3	7	3	3	69	69	12%
69	69	69	69	69	69	69	69	69	

Identify 2 or 3 successes that your district can celebrate and publicize:

- 1) Excellent PE/Health Curriculum & Programs
- 2) Good Promotion of Physical Activity for Fitness
- 3) Excellent Wellness Policy

Identify 2 or 3 areas that your district can focus on for improvement:

- 1) Involve students in food choices & healthy eating
- 2) Increase Communication of Wellness Policy
- 3) to staff, students & community