### NSSD Wellness Advisory Council Annual Report to School Committee September 2016

Wellness Advisory Council Members: Liane Gillette, NS School Committee and Co-Chair, Marilyn Kelley, School Nurse Teacher, Lynne Doiron, Aramark Food Service, Diane Jolin, Principal and Co-Chair, Patricia Kolanko, Family Consumer Science Teacher, Cristina Lima, Health/PE Teacher, Melissa Mathurin, NSSD Data Manager/Food Service Liaison, Cheryl Schmidt, Parent, Pam Shayer, Local Substance Abuse Prevention Council, Adam Stanley, NSSD Technology Director, Andrew Viveiros, Aramark Food Service, Karin Wetherill, RI Dept. of Education/Health

The NSSD Wellness Advisory Council had three meetings during the 2015-16 school year. Our Action Plan for 2014-16, representing five planned action steps, was developed and distributed to all members (attached). We were able to successfully complete four of the five action steps in 2014-15 to: Make data from the District Policy Self-Assessment available to parents, staff and community; Make more information on food choice nutritional content available to parents, staff and community; Assist RIDE in the Administrative Review of our District Food Service (during 2014); Self-Assessment conducted on our District Wellness Policy. We were not able to draft and implement an updated food choice survey for students, but plan to conduct that during the 2016-17 school year. Also, the Principals from NSES and Halliwell School and luncheon aides attended a Playworks workshop on strategies for safe recess, provided by Blue Cross Blue Shield of Rhode Island, on November 5, 2015. Both schools also received safe recess resources as a result of our attendance at the workshop.

Our School Wellness Action Plan for 2016-18 is attached. The Wellness Advisory Council meets at least three times per year to develop our action plans, facilitate actions steps, review the District Wellness Policy, review progress toward action steps, and to provide a yearly report to the District Superintendent and the School Committee.

I wish to sincerely thank all members of our Council for their continued involvement, ideas and passion in serving the North Smithfield School District.

Respectfully Submitted,

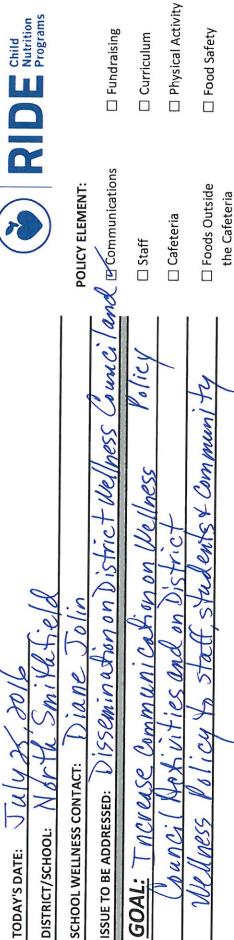
Diane Jolin Wellness Advisory Council Co-Chairperson

### 9/23/2013

## School Wellness ACTION PLAN

TODAY'S DATE: DISTRICT/SCHOOL:





	STRATEGY	PERSON(S) RESPONSIBLE	TIME FRAME	KEY PARTNERS / RESOURCES	COMPLETED?
	What action steps will you take?	Who will do this?	When should this be completed?	Who/what can help with this?	
1)	Make data from District, Wellness Council Self-Assessment available Diane Jolin and to parents, stattand Melissa Mathun.	Wellness Council, Diane Jolin and Melissa Mathurin	Ongoing	Wellness Council Members	priopro
2)	District Wellness Advisory Wellness Council Cumail to meet at least Diane Jolin to 3 times peryear facilitate	WellnessCouncil Diane Jolin 45/ Acilitate	Ongoing	Wellhess Council	Engoin 9
3	Involvestudents in Food Choices Farough implemen- Fation of student surreys	Wellness Council Ongoing	Ongoing	Wellness Council Members, District Administrators	priopro

	STRATEGY	PERSON(S) RESPONSIBLE	TIME FRAME	KEY PARTNERS / RESOURCES	COMPLETED?
	What action steps will you take?	Who will do this?	When should this be completed?	Who/what can help with this?	
9	Conduct Wellness Policy Reviewand Self-Assessment	Wellness District Council, District Administrators	1	Wellness Council, District Administrators	pring
2)	Communicate Wellness Policy at PTO and Faculty Meetings	Wellness Council, District Admini- strators	Ongoing	Wellness Council, District Administrators	ongoing
(9)					
	EVIDENCE OF SUCCESS How will you know you've succeeded?	Communication about Wellness Policy and Policy and Policy and Policy and Policy and Policy amade of the all stake holder	Sout Wellness Keholder groups	ellness Advisory Council parel Seit-Assessment 45 be shared groups. Stulentswoods implement	ncit peres
	NOTIFICATION Who should this be communicated to?	District Almin Staff via Distric	Aministration of istrict Wobsite	ict Alministration Pavents, Students and via District Website and at presentations.	and vons.
C 1	MAINTENANCE How will this change be monitored?	Wellness Advisory Administrationa	Council, in	55 Advisory Council, in Coordination with istration and transmort Food Service	District



# School Wellness Checklist DISTRICT SUMMARY

SCHOOL YEAR: 20/5

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	HOIGHOIG	

OVERALL DISTRICT TOTALS	% of Total
OVE DIST	Total #
545	N
SWS	·//

### INDIVIDUAL SCHOOL TOTALS

ES **Exceeds Standard** 

MS **Meets Standard** 

Z Needs Improvement

A Not Applicable

#DIV/0i #DIV/0i #DIV/0! #DIV/0i M 59 23 6/2 35 00 5

TOTALS (should equal 69 graded standards per school)

um Culums + 109 rans Excellent PE/Health Good Vromotions 1) 2) Identify 2 or 3 successes that your district can celebrate and publicize:

Excellent Wellness Wo 3)

Identify 2 or 3 areas that your district can focus on for improvement:

Involve students in tood choices when 1) 2)

ncrease Communication of We

students & Communic