

Math

Body Part

Lesson Focus: to interpret products of whole numbers using cooperative skills and body parts, and to move with the locomotor, level and quality of movement assigned.

What you'll need

- Music player and music.

Skills to review and demonstrate

"Come on down to lost and found" technique: if a student is having trouble finding a group or partner, they are instructed to move toward the teacher to find a partner or for assistance.

Getting started

Scatter students in general space.

Student performance objectives

Psychomotor: Students will perform the motor skill along with the level and quality of movement 80 % of the time.

Cognitive: Students can identify the correct number of body parts to place in the center of the circle 80% of the time.





[Watch the Video](#)

Indoor/outdoor
activity for grades

3-5

Begin the action

On “go”, or when the music starts, begin the assigned locomotor movement in general space.

On the signal or when music stops freeze and listen for the direction.

If the teacher calls out 8 knees, the students have to form groups accordingly. For example: the number of students allowed to be in the group should be 8 with one knee each pointing at the center. The least can be 4 with 2 knees each pointing toward the center.

The students and the teacher count the parts to see if the groups are successful. Each time use a different number and body part-toes, elbows, heads, thumbs, etc.

Helpful hints

Demonstrate a few before the whole group begins.

Recap

Assessment questions: “If I asked for six thumbs, what is the most number of people you can have in your group?” [6]

“The least?” [3]

“What other combinations can you have? Four students with one thumb in the center and one student with two.”

*** Challenge! ***

The teacher may also add levels and qualities of movement to the locomotor movements. For example: gallop high, run in a ziz zag pattern, slide sideways using small steps, skip slowly etc.

National standards

Standards 1&2: Locomotor movements, Qualities of movement.

Standard 3: Cardiovascular fitness.

Standards 4&5: Participates responsibly and cooperates with peers.

