



Children's Dance

Space Jam

Step 1

Mimic bouncing a basketball with the right then the left hand. 4 beats to each side. Repeat (16 beats).

Step 2

Take 3 steps forward and on the fourth step mimic taking a jump shot. Take 3 steps backward and on the fourth mimic taking a jump or hook shot.

Step 3

Jump to the right, planting both feet on the ground and clapping on the beat. Jump, clap, jump, clap, jump, clap jump, clap. 8 beats total.

Step 4

Repeat until the end. Have students mimic fancy dribbling and shooting.

PLAY THIS SONG:

***Space Jam* by Quad City DJs**

Everybody get up, it's
time to slam now.
We got the real jam
goin' down.
Welcome to the
Space Jam.
Here's your chance,
do your dance at the
Space Jam, alright"