

# Soldiers



**Lesson Focus: to balance a beanbag or a board eraser on different body parts while picking an object up off the floor.**

# Wooden Toy

## What you'll need

- Beanbag or board eraser for each student.
- Music player and music(suggested: Toy Soldiers on Parade.)

## Skills to review and demonstrate

Balancing the object on different parts of the body: forearm, shoulder, head, etc.

Balancing the object without dropping it, while picking up an object off the floor.

## Getting started

Scatter students (toys) in the pretend toy shop with their pretend battery placed on the assigned body part.

## Student performance objectives

**Psychomotor:** Students will demonstrate balancing an object on a body part while moving in general space 80% of the time.

**Cognitive:** Students can describe how to move safely in general space 80% of the time.



▶ [Watch the Video](#)

Small space  
activity for grades

K-1

## Begin the action

When the music starts, toys magically come alive and move about the room (dancing, marching, etc.), freezing if the object falls to the floor.

Another toy unfreezes them by carefully picking up the battery and placing it back on the designated body part.

Freeze when the music stops.

## Helpful hints

Watch for students who knock off other's batteries.

## Recap

What happens when you drop your battery while you are helping a toy?

What would happen if no one helped the toys that are frozen?

\* Challenge! \*

How many toys  
can you help this  
time?

Can you get  
through the  
whole song  
without  
dropping your  
battery?

## National standards

Standards 1&2: Spatial awareness; Balance.

Standards 4&5: Participates responsibly; Enjoys group activity; Cooperation; Accepts challenge.

