

# Deep Dive into the National Health Education Standards Free Training Opportunities

Hosted by Rhode Island Department of Education and Rhode Island Healthy Schools Coalition, register for an in-person or virtual training facilitated by Cairn Guidance & RMC Health.

Build your capacity to teach health skills in the National Health Education Standards and the Rhode Island Health Education Framework by attending one of two training opportunities:

## Option 1: Virtual

8-part virtual series

**Date of First Session:** November 2, 2021  
(see registration for all dates)

**Time:** 4:00-5:30 EST

**Location:** Zoom

[Register Here](#)

## Option 2: In-Person

1 full-day in-person training

**Date:** March 14, 2022 (RI Professional Development Day)

**Time:** 8:00am-4:00pm EST

**Location:** TBD

[Register Here](#)

## Additional Training Information:

**Audience:** K-12 Health Educators, curriculum specialists, instructional coach staff, school counselors.

### Learning Objectives:

1. Identify the functional health information students need to know in order to acquire health-enhancing skills.
2. Explain how each of the health skill standards in the NHES connects to health literacy.
3. Utilize activities to include in instruction for the health skill standards in the NHES.
4. Discuss opportunities to integrate health skills across content areas.

Email Jessica Lawrence ([jess@cairnguidance.com](mailto:jess@cairnguidance.com)) and Amanda Nichols ([amandan@rmc.org](mailto:amandan@rmc.org)) with any questions.

