



LOCAL SCHOOL WELLNESS POLICY REQUIREMENTS

Each local educational agency (LEA) that participates in the National School Lunch Program is required by federal law to establish a local school wellness policy, which is designed to promote student health and reduce childhood obesity.

~2004 WIC Reauthorization Act & 2010 (HHFKA) Healthy, Hunger-Free Kids Act

At a minimum, each LEA must:

1. **Designate one or more school official** to ensure that each school complies with the local wellness policy.
2. Include **measurable goals for nutrition promotion and education, physical activity**, and other school-based activities that promote student wellness utilizing evidence-based strategies and techniques in the local wellness policy.
3. Include **nutrition standards** to promote student health and reduce childhood obesity for **all foods available during the school day**, i.e. school meals & snack foods sold MUST meet federal “Smart Snacks in Schools” guidelines AND foods shared and offered to students (classroom parties and snacks, incentives or rewards) MUST be addressed in the local wellness policy.
4. Include **policies for food and beverage marketing during the school day** that ONLY allow for those that meet the federal “Smart Snacks in Schools” guidelines in the local wellness policy.
5. Permit parents, students, school food authority representatives, physical education teachers, school health professionals, the school board, school administrators, and the general public to **participate in the development, implementation, and review and update** of the local wellness policy.
6. **Inform and update the public** (including parents, students, and others in the community) on an **annual basis** about the **content** of the local wellness policy.
7. **Monitor and assess compliance and progress** toward specific goals of the local wellness policy and **make those assessments public**. Reporting should be done at least once every three years.