

SKILLS-BASED HEALTH EDUCATION PROFESSIONAL DEVELOPMENT OPPORTUNITY

This **FREE K-12 Health Education Professional Development** series will include **three 3-hour virtual sessions**. Dates are TBD in early 2024 from 4:00-7:00pm.



INTENDED AUDIENCE:

This series is for a district team of 3-5 educators working together to promote, plan, and implement skills-based health education. It is suggested that a teacher teaching health education from at least two grade spans attend, as well as a curriculum director.

BY THE END OF THIS SERIES, YOUR DISTRICT TEAM WILL BE ABLE TO...

- Develop a scope and sequence for your district.
- Access and use no-cost health education tools & resources, including the HECAT, Performance Assessment Toolkit, and the Health Skill Guides.
- Write end-of-unit performance assessments.

REGISTER



bit.ly/health-ed-pd-2024

SESSION ONE

Participants will learn about:

- The Foundations of Health Education
 - Effective and Appropriate Practices in Health Education
 - The non-negotiables: what policies dictate what we teach
 - Using student health data to inform instruction
 - National and Local Health Education Standards, HECAT HBOs
- The goals of Skills-Based Health Education
- The Rhode Island Health Education Framework

SESSION TWO

Participants will review:

- Youth Risk Behavior Survey data with the purpose of unit planning
- The skills standards to design data-informed unit plans
- The Health Education Curriculum Assessment Tool's (HECAT's) knowledge and skill expectations for unit planning
- School Health Profiles to describe system level strategies to support skills-based health education

SESSION THREE

Participants will engage in:

- Reviewing skills-based assessments planning tools
 - Rubrics/Checklists
 - Cairn Guidance's Performance Assessment Toolkit
- Developing a well-written end of unit prompt and performance assessment aligned to Unit Plans



RIDE Rhode Island
Department
of Education

