Lifespan - Rhode Island Hospital IRB 1
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Is your teen interested in losing weight?

Researchers at the Miriam Hospital are conducting a research study to help teens with obesity learn how to lose weight in a healthy way.

What is HealthTrac?

- **Group-based program**
- **Learn healthy eating/ physical activity behaviors**
- **NO cost to participate**
- **Families will be compensated**

Your teen may be eligible if:

- ☑ He/She/They have obesity
- ☑ Between 13 and 17 years old
- ☑ Interested in healthy weight loss
- ☑ English-speaking parent

If interested and want to learn more, scan the QR code or call

401-793-8945

The Miriam Hospital
A Lifespan Partner

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