RIHSC
Rhode Island Healthy Schools Coalition

Breakfast for School Wellness Leaders

Exhibitor Guide 2026

***NEW for 2026**

American Heart Association **#18** **Justin Amaral** justin.amaral@heart.org

The American Heart Association is committed to be a relentless force for a world of longer, healthier lives for all. Learn more about the Kids Heart Challenge and the American Heart Challenge school site programs for elementary, middle and high schools. These programs are service-learning opportunities and provide lessons, tools and activities to support both mental and physical well-being for your students, families and staff.

Aramark Student Nutrition **#17** **Jay Gustaitis** Gustaitis-Jay@Aramark.com

Aramark Student Nutrition is dedicated to providing healthy, nutritious meals that support the well-being and academic success of K–12 students. With a strong focus on wellness, inclusion, and compliance with USDA guidelines, the program offers customized meal services to meet the diverse needs of school communities. We promote nutrition education, student engagement, and sustainability initiatives like farm-to-school.

Be Real USA **#40** **Denise Hamburger** denise@berealusa.org

BE REAL USA is a nonprofit whose mission is to spread the highest quality resources on body confidence to schools everywhere so children can grow up with a healthy relationship to food and their bodies. Our BodyKind high school body image curriculum is proven to increase body appreciation and self-compassion, and our attuned eating curriculum Let's Eat for middle school and high school.

Big Brothers Big Sisters of Rhode Island **#29** **Celenah Watson** celenah@bigsri.org

BBBSRI is a mentoring organization serving young people ages 7–25. Our core one-to-one mentoring program serves youth through age 15, while older youth and young adults are supported through additional mentoring programs, partnerships, and wraparound services designed to meet their evolving needs. Our donation center accepts unwanted clothing, linens, and housewares, generating approx. 70–77% of the funding needed to support more than 950 Rhode Islanders each year through our mentoring programs and wraparound services.

Blue Cross & Blue Shield of Rhode Island **#16** **Carolyn Belisle** carolyn.belisle@bcbsri.org

Since 1939, Blue Cross & Blue Shield of Rhode Island (BCBSRI) has been the leader in providing RIers with affordable, high-quality healthcare from the country's largest provider network. We are the proud founding funder of Recess Rocks in RI in partnership with Playworks NE and RIHSC. We are an independent licensee of the Blue Cross and Blue Shield Association. Visit bcbsri.com or one of our five RI Your Blue Store locations.

Bootstrap Compost **#23** **Sam Burgess** sam@bootstrapcompost.com

Keeping scraps out of landfills since 2011, Bootstrap Compost is a leading organics pickup service operating throughout Greater Boston and Rhode Island. Make your school, home, restaurant, office, or one-time event cleaner and greener by composting! Join over 100 satisfied RI schools working with Bootstrap to keep food waste out of landfills, create valuable compost and fertilizer, and offset harmful GHGs! If it grows, it goes.

Bradley Hospital PARC IMPACT RI* **#5** **Sarah Varela** Sarah.varela@brownhealth.org

The Pediatric Anxiety Research Center (PARC) at Bradley Hospital is partnering with community health centers across Rhode Island on an exciting new study, called IMPACT-RI, testing team-based models of care delivery for anxiety and OCD.

Brown Univ. Community Health Institute **#33** **Carrie Bridges** cbridgesfeliz@lifespan.org

Brown University Health's Community Health Institute works to ensure that all people have the opportunity to achieve their optimal state of health through healthy behaviors, healthy relationships and healthy environments. Our exhibit features offerings for youth, families and professionals from across the Brown University Health system, including workshops for parents & professionals."

C3 Wellbeing **#39** **Natalie Kimmerlein** nkimmerlein@c3wellbeing.org

Customized. Comprehensive. Community-Based. C3 Wellbeing creates supportive environments that promote mental health, prevent substance use, and nurture a culture of equity and wellbeing. Through evidence-based programs, prevention strategies, consultation, intervention and response, education, and personalized support, we empower people to be and do their best at school, at work, and in their communities.

Care NE / The Providence Center **#8** **Mercy Morales** memorales@carene.org

The Providence Center (TPC) is a Certified Community Behavioral Health Clinic (CCBHC) providing comprehensive mental health and substance use services for individuals of all ages—including children, teens, and adults. Our programs include outpatient therapy, psychiatry, addiction recovery services, crisis intervention, school-based supports, and community-based outreach with a focus on accessible, person-centered care.

Center for Mediation & Collaboration RI **#6** **Tricia Driscoll** tricia@cmcri.org

We are a nonprofit committed to empowering people to resolve disputes peacefully and respectfully. The Center offers youth leadership programs that help to develop effective communication and conflict resolution skills as well as professional development workshops for educators that focus on ways to navigate conflict with students, administrators and families.

Chartwells K12 **#36** **Solange Morrissette** solange.morrissette@compass-usa.com

Chartwells K12 is proud to be the statewide partner for school food service in RI, delivering nutritious, engaging, and customized dining experiences to students. Backed by a dedicated team of local chefs, dietitians, and operators, we offer student-focused menus, source local and regional produce, and create fun promotions to boost participation.

Chris Collins Foundation **#4** **Mark Collins** chriscollinsfoundation@gmail.com

The Chris Collins Foundation runs an evidence-based, student-led Peer-to-Peer Mental Health Awareness program in middle and high schools across RI, built on the premise that teens are more likely to listen to other teens than well-meaning adults. P2P educates a team of students in each school about anxiety, depression, and other mental health issues, supporting them in finding ways to convey this knowledge to the school community.

Cook Center for Human Connection **#3** **Jenna Trowbridge** jenna.trowbridge@cookcenter.org

The Cook Center for Human Connection non-profit brings together the best programs, partnerships, research, policy and events that have demonstrated effectiveness in creating the human connections that are vital for

strong mental health offering education and therapeutic support to empower and give parents hope as they support their child's mental health.

Day One RI **#9** **Kendall Capulli** kcapulli@dayoneri.org

Day One is the only agency in Rhode Island that is specifically organized to deal with issues of sexual assault as a community concern. Day One's mission is to reduce sexual abuse and violence while supporting and advocating for those affected by it. The Prevention Team offers training opportunities for students and staff that empower individuals and communities to create healthy social norms that protect against sexual violence.

Girls on the Run RI **#28** **Elizabeth McGann** elizabeth.mcgann@gotrri.org

Girls on the Run inspires girl-identifying, non-binary, and gender-expansive youth to be joyful, healthy, and confident using a fun, experience-based curriculum which creatively integrates running. Our physical activity-based youth development program is designed to enhance the social, emotional, and physical skills of third through eighth graders to successfully navigate life experiences.

Heart in Education **#41** **Erin Thorkilson** heartineducation.org@gmail.com

Heart in Education provides professional development that focuses on the relational aspects of teaching, beginning with each adult's relationship with themselves. Through workshops and coaching, we support educators in building awareness and connection, helping both teachers and students thrive and improve well-being.

Math & Movement* **#27** **Suzy Koontz** suzykoontz@gmail.com

Math & Movement is an evidence-based, kinesthetic, multi-sensory program designed to make learning engaging and effective. Our products integrate physical activity into the learning process, helping students grasp core concepts through movement. We provide a variety of kinesthetic teaching tools, like floor mats and stickers, that encourage jumping and learning simultaneously. We also offer math kits, PD (onsite and virtual), stair riser stickers, sensory hallways, PE kits, SEL, literacy kits, and books.

Mental Health Association of RI **#2** **Terry Charles** Terence.charles@mhari.org

The Mental Health Association of Rhode Island is the watchdog of the Rhode Island mental health community. We increase consumers' access to treatment and services, advocate to end stigma and discrimination against people with mental illness, including substance use disorders, and attempt to improve the lives of people touched by mental illness.

MENTOR Rhode Island **#7** **Jeanine Achin** jachin@mentorri.org

We believe that potential is equally distributed, but opportunity is not. Every young person, regardless of their background, has inherent abilities and talents, but not everyone has equal access to the same resources and support systems they need. Since 1999, MENTOR Rhode Island has served as the statewide expert in mentoring. MENTOR RI serves as RI's only technical assistance provider for the National Mentoring Resource Center.

Minding Your Mind* **#1** **Michelle Drolsbaugh** michelle@mindingyourmind.org

Minding Your Mind provides mental health education and suicide prevention programs in-school to K-12 youth, their parents/caregivers, school personnel, and the community. Our goal is to end the stigma and destructive behaviors often associated with mental health challenges and conditions. Minding Your Mind is most well known for their young adult speakers who present to grades 5+. Free programs available.

Mind in Motion* **#43** **Mia Daley** miadaley06@gmail.com

Founded by Miss Rhode Island 2026 Mia Daley, Mind in Motion is an initiative dedicated to promoting mental wellness through movement, mindfulness, and creative expression. Through interactive activities, breathing exercises, and meaningful conversations, Mind in Motion encourages individuals of all ages to express themselves, build confidence, and discover the powerful connection between mental and physical well-being.

Neighborhood Health Plan of RI **#11** **Ammala Douangsavanh** adouangsavanh@nhpri.org

Health insurance information and resources for Rhode Island families and individuals.

New England Dairy **#35** **Amanda Aldred** aaldred@newenglanddairy.com

NED is a non-profit education organization, serving as the voice of New England dairy farmers. Our mission is to champion the region's farm families and the nutritious foods they produce by connecting people to dairy farms, supporting youth wellness in schools and delivering the latest nutrition and sustainability science to health professionals, scientists, media, nutrition professionals and educators.

Planned Parenthood of Southern NE **#20** **Jessica Duggan** jessica.duggan ppsne.org

PPSNE is a leading provider of comprehensive and inclusive sex education, community workshops, and professional development trainings. We provide the information, resources, and skills for people to make informed decisions about their sexual health, their lives, and their futures.

Recess Rocks in RI /Playworks NE **#15** **Jessi Jasper** jessi.jasper@playworks.org

Get your school involved in Recess Rocks in RI, a no-cost staff training sponsored by Blue Cross & Blue Shield of RI and delivered by Playworks New England. Reimagine recess to help students feel safe, with positive outlets for physical activity and building peer relationships. Learn practices to reduce disciplinary issues and get kids back in the classroom faster and ready to learn. Recess Rocks in RI offers free, open-enrollment workshops and webinars, as well as no-cost training and consultative services for eligible schools and organizations.

RIAHPERD **#31** **Cathy Moffitt** cgmof@hotmail.com

The RI Association of Health, Physical Education, Recreation and Dance provides its members with professional development and networking opportunities, leadership development, recognition through awards, grants and scholarships, learning about current trends, and participation in public advocacy projects.

RI College Department of Health & PE **#19** **Dr. Susan Clark** sclark@ric.edu

Rhode Island College is the leader in providing top quality higher education in health and fitness related fields. The 4-year RIDE approved program in Health Education, Physical Education and Adapted PE leads to K-12 teacher certification. The Wellness and Exercise Science Program prepares future leaders in private, community, and non-profit health and fitness related jobs.

RI Department of Education **#37** **Rosemary Reilly-Chammat** rosemary.reilly-chammat@ride.ri.gov

RIDE's Office of School Health and Wellness is dedicated to fostering the wellbeing of Rhode Island's students and educators. We work to cultivate safe, supportive, and healthy communities where students and educators

can truly thrive and achieve their full potential. Resources include School Health, Child Nutrition and Attendance Matters.

RI Department of Health **#13&14** **InfoLine (401-222-5960)** health.ri.gov/contact

Access a variety of public health resources and toolkits for schools and the community. Topics include: healthy eating and active living, immunization, adolescent health, infection prevention, sexual and reproductive health, behavioral health/mental health, violence and injury prevention, oral health, tobacco use, substance use and addiction, the Youth Risk Behavior Surveillance System (YRBS), special needs, emergency preparedness, environmental health, rural health, health equity, and more.

RI Farm & Sea to School Network **#38** **Stephanie Pike** hello@rifarmtoschool.org

The RI Farm & Sea to School Network engages partners across RI to develop, expand, and strengthen local purchasing, education, and gardening initiatives to benefit children and youth throughout the state. These initiatives connect local agriculture to healthy eating habits, which improve public health and the local economy, support local farmers and food producers, and build community relationships.

RI H.O.P.E. Collaborative **#40** **Ashley Cronin** hello@rihopecollaborative.com

The RI H.O.P.E. Collaborative empowers RI schools to foster healthy relationships with food, body image, and health-promoting behaviors. This compassionate local group of pediatric healthcare providers offers an online hub of free or low cost nutrition and body image lesson plans along with easy-to-use references.

RI Resource Recovery Corporation **#24** **Madison Hindle** programs@rirrc.org

Resource Recovery operates the state's Materials Recycling Facility, Leaf and Yard Compost, Eco-Depot, and Central Landfill, and provides free programs and services to help the RI community manage materials more sustainably. Get information on recycling and composting, and see examples of classroom activities offered by Resource Recovery education staff.

Rhode Island School Recycling Project **#22** **Kendra Gay** kgay@schoolrecyclingproject.com

Schools are saying … "The benefits to the students and school are tremendous. Many teachers have generated authentic Science and Math projects around this work" (Brent Kerman, Principal, William D'Abate Elem); "I'm thrilled … to share our school's incredible partnership with the RI School Recycling Program - what truly makes this program special is that it is entirely student-run" (Samantha Stringfellow, Principal, Agnes E. Little Elem).

Sodexo **#10** **Ashley Plante** ashley.plante@sodexo.com

Sodexo provides food service and facilities management solutions for students, employees, and community members. Sodexo supports fresh, locally sourced menu offerings while contributing to Rhode Island's agricultural economy. Committed to community engagement, we promote nutrition and wellness through educational programs, outreach initiatives, and collaborative partnerships.

Thrive Outside* **#42** **Shannon Rozea** shannonrozea@thriveoutside.info

Thrive Outside is a nonprofit organization working to ensure that all children have the opportunity to thrive outside, honoring their need and right to be nourished by nature. We transform school grounds into dynamic Outdoor Learning Zones, empower educators to take learning outside, and deliver hands-on nature programs to children across RI, with a deliberate focus on low-income and historically marginalized communities where access to safe, green, outdoor spaces is most limited.

UnitedHealthcare Rite Smiles Dental Prgm **#32** **Marie Jones-Bridges** marie_jones-bridges@uhc.com

United Healthcare offers Medicaid healthcare information for eligible Rhode Island families and information on Rite Smiles, dental care for eligible children throughout Rhode Island. Oral health presentations available in classrooms, tabling at health & wellness events for all ages. Marie Jones-Bridges, CDA RDH,POHDH, BS

United Way of RI **#30** **John Garrahan** John.Garrahan@unitedwayri.org

United Way of RI offers services to connect Rhode Islanders with the support they need, including through 211 and The Aging and Disability Resource Center (ADRC, formerly known as the Point). Both resources (accessible by dialing 2-1-1) offer information and referral services through a 24/7 call center right and weekday walk-in services in Olneyville (8:30am – 4pm).

URI Community Nutrition Education **#26** **Ruthann Marchetti** ruthann.marchetti@uri.edu

The University of Rhode Island Expanded Food and Nutrition Education Program (EFNEP) provides free nutrition education series to resource limited audiences throughout Rhode Island. Our evidence-based, hands-on, interactive classes teach nutrition, food safety, physical activity, and food resource management. Currently we work with groups in grades 3 through 5, and with groups in grade 6 through 12.

URI School Garden Initiative **#25** **Matt Durham** urisgmcoordinator@gmail.com

The URI School Garden Initiative (SGI) was established in 2015 to provide support to school garden teams at schools around RI who are interested in using unique outdoor learning environments in instruction. Through the URI Master Gardener Program, volunteer school garden mentors support school garden teams with garden establishment, annual clean-ups, tips for curriculum integration and long-term sustainability of the garden.

YMCA Alliance of CT & RI **#34** **Shauna Lewis** shauna@ymca1.org

Statewide programs and services including childcare, before and after school enrichment, camps, sports and play opportunities for youth which emphasize a holistic approach to health and social development.

Yondr Inc. **#12** **Andrew Richards** andrewrichards@overyondr.com

Since 2014, Yondr Education has been providing practical solutions and guidance on creating engaging phone-free schools across the globe. Our program uses patented products and a Tier 1 intervention model to proactively address phone-related challenges and provide support to all students at school.

MAPS and ALPHABETICAL LISTS of EXHIBITORS and TABLES OF TEN

Breakfast for School Wellness Leaders 2026
BALLROOM SEATING CHART

SCREEN

SCREEN

A/V

PODIUM / STAGE

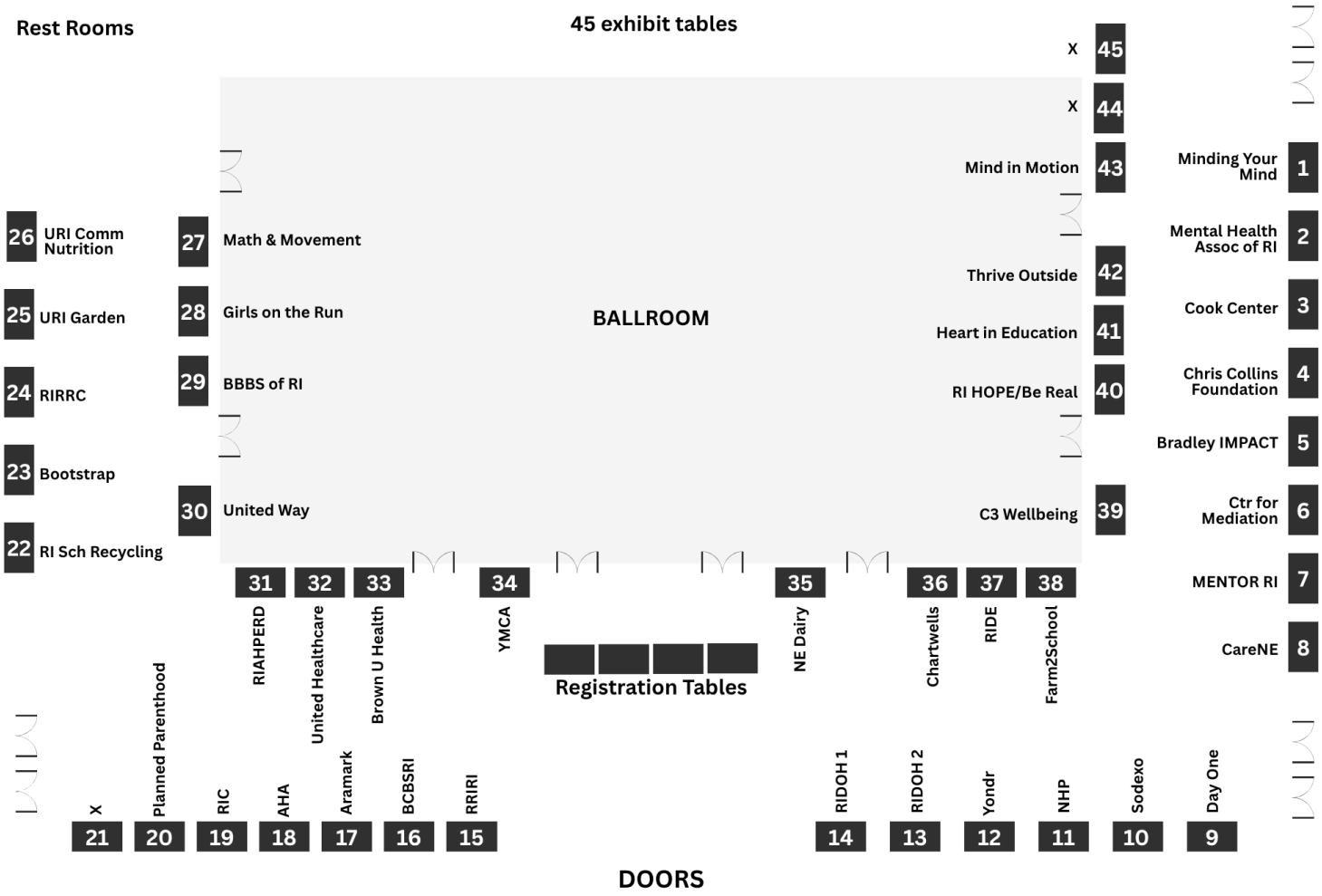
1 PROVIDENCE	2 LINCOLN	3 RIHSC	4 BCBSRI	5 RIDE	6 CENTRAL FALLS	7 SCITUATE	8 N.SMITHFIELD
18 CHARIHO	17 E.GREENWICH	16 PROV SEL	15 CRANSTON	14 RIDOH	13 N.GREENE	12 COVENTRY	11 BURRILLVILLE	10 FG #1	9 FG #2
19 EWG	20 W.WARWICK	21 WOONSOCKET	22 PAWTUCKET	23 RI COLLEGE	24 PATHWAYS	25 NEWPORT	26 CHARTWELLS	27 N.PROV	
37 PORTSMOUTH	36 SOUTH KINGSTOWN	35 NORTH KINGSTOWN	34 MIDDLETOWN	33 CUMBERLAND	32 BRISTOL WARREN	31 SMITHFIELD	30 TIVERTON	29 E. PROV	28 JOHNSTON
38 BARRINGTON	39 OPEN	40 OPEN	41 OPEN	42 OPEN	43 OPEN	44 OPEN	45 OPEN		

REGISTRATION

Barrington	38	Middletown	34	BS&BC of RI	4
Bristol Warren	32	Newport	25	Chartwells	26
Burrillville	11	North Kingstown	35	Nathanael Greene MS	13
Central Falls	6	North Providence	27	Pathways	24
Chariho	18	North Smithfield	8	RI College Health & PE	23
Coventry	12	Pawtucket	22	RI Dept of Education	5
Cranston	15	Portsmouth	37	RI Dept of Health	14
Cumberland	33	Providence	1		
East Greenwich	17	Providence Office of SEL	16		
East Providence	29	Scituate	7		
Exeter WG	19	Smithfield	31		
Foster Glocester #1	10	South Kingstown	36		
Foster Glocester #2	9	Tiverton	30		
Johnston	28	West Warwick	20		
Lincoln	2	Woonsocket	21		

OPEN SEATING:
Tables # 39-45

Breakfast for School Wellness Leaders 2026
EXHIBITOR MAP



**** NEW for 2026**

American Heart Association	18
Aramark Student Nutrition	17
Be Real USA	40
Big Brothers Big Sisters of RI	29
Blue Cross & Blue Sheild of RI	16
Bootstrap Compost	23
Bradley Hosp IMPACT Study	5
Brown University Health	33
C3 Wellbeing**	39
Care NE/Providence Center	8
Ctr for Mediation & Collaboration	6
Chartwells K12	36
Chris Collins Foundation	4
Cook Center for Human Connection	3
Day One RI	9
Girls on the Run RI	28
Heart in Education	41
Math & Movement**	27
Mental Health Association of RI	2
MENTOR Rhode Island **	7
Mind in Motion**	43
Minding Your Mind**	1
Neighborhood Health Plan of RI	11
New England Dairy	35
Planned Parenthood of SNE	20
Recess Rocks in RI / Playworks	15
RIAHPERD	31
RI College Dept of Health & PE	19
RI Department of Education	37
RI Department of Health	13&14
RI Farm & Sea to School Network	38
RI H.O.P.E. Collaborative	40
RI Resource Recovery Corporation	24
RI School Recycling Project	22
Sodexo	10
Thrive Outside**	42
UnitedHealthcare RIte Smiles Dental	32
United Way of RI	30
URI Community Nutrition Education	26
URI Coop. Ext. School Garden Initiative	25
YMCA Alliance of CT & RI	34
Yondr	12